

Ohio Department of Job and Family Services
**SLEEP POSITION WAIVER STATEMENT
 FOR TYPE B HOMES AND IN-HOME AIDES**

Safe Sleep Practices

Sudden Infant Death Syndrome (SIDS) is the sudden and unexplained death of an infant under one year of age. SIDS, sometimes known as crib death, strikes nearly 2500 babies in the United States every year. Doctors don't know what causes SIDS, but they have found some things that can make babies safer. The American Academy of Pediatrics and the National Institute of Child Health and Human Development state that one of the most important things that can help reduce the risk of SIDS is to put healthy babies on their backs to sleep. A few babies have health or medical conditions that might require them to sleep in an alternative position.

State regulations, require Type B Family Home providers and In-Home Aides to place infants to sleep on their back. At the advice of the infant's physician, the provider may be authorized to use an alternative sleep position for the infant due to health or medical conditions.

To Be Completed by the Infant's Caretaker (Parent/Guardian)

| | | |
|---|-----------------------|-------------------------|
| Name of Infant | Date of Birth | |
| Name of Primary Care Physician | | |
| Name of Practice | | |
| Address | | |
| Phone | Fax <i>(optional)</i> | Email <i>(optional)</i> |
| Signature of Caretaker/Parent <i>(authorizing this instruction)</i> | | Date |

To Be Completed by the Infant's Primary Physician

| | |
|--|------|
| The above named infant has the following health or medical condition that necessitates an alternative sleep position | |
| Describe the appropriate sleep position for the above named infant | |
| Additional instructions | |
| Signature of Physician | Date |
| This above instruction is effective from <i>(date)</i> to <i>(date)</i> | |

This is a prescribed form provided by ODJFS that must be used by type B family child care providers and in-home aides to meet the requirements of rule 5101:2-14-36.